

Role of Amalaki Guggulu and Trikshiri Valkala Kvatha Yoni Prakshalana in the Treatment of Svetapradara (Leucorrhea)

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ABSTRACT

Abnormal vaginal discharge is a frequent complaint of women met in day to day gynecological clinic. The disease Svetapradara (leucorrhea) is defined as an excessive vaginal discharge. Many Āyurvedic herbal and herbo-mineral drugs were successfully used internally and externally to treat the disease. Present study was aimed to find an ultimate treatment by using both external and internal medications. For this study 72 cases were studied at R.R.I. (Ay.), Vijayawada with Āmalakīguggulu internally and Trikṣīrīvālkalakvātha externally as Yoniprakṣāḷana (Vaginal Douche). Encouraging results were observed after 8 days of treatment. Out of 72 cases, 62 (86.11%) got good response, 7 (9.72%) got fair response and 3 (4.17%) cases had no response. Parameter wise 91.27% of relief in White discharge per vagina, 81.20% in Congestion of Cervix, 86.96% in Pruritus, 86.22% relief in Low backache, 78.02% in Burning micturition and 90.48% relief in controlling Positivity of Vaginal smear were found. Over all 88.51% relief was found in all assessing parameters. Statistical analysis of the mean difference before and after treatment in relief on all the above symptoms were found highly significant ($P < 0.001$). Effect of treatment on Hb was found highly significant ($P < 0.001$) and on ESR it was found significant ($P < 0.01$).

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